

*Presented by: Middlesex Presbytery Resource Centre
and*

The Centre for Practical Theology

*with help from grant funding provided by:
United Church Council of Middlesex Presbytery*



Facilitating Labyrinth Experiences Workshop

with

Rev. Robin McGauley

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***Register:*** by phone 519-434-6427 OR  
email [mpr1@bellnet.ca](mailto:mpr1@bellnet.ca)

***Cost:*** \$20 (includes lunch, payable day of the event  
cash or cheque only please)

***Friday, October 27<sup>th</sup> 9:30 am to 3:30 pm  
at Metropolitan United Church***

The labyrinth is a pattern that is found in all areas of the world, dating back to ancient times. Its circular shape and winding path has significant application as a metaphor for wholeness and health as well as reflection on life as a journey. The labyrinth has many possible applications for groups and individuals within the church setting. When walking the labyrinth it can become a meditative tool and a time of prayer.

During this workshop participants will learn how to introduce the labyrinth to others and how to lead

labyrinth experiences. We will explore a variety of applications including using the labyrinth in worship and at particular times in the Christian season. Time will be dedicated to experiential learning in order to come to a deeper understanding of the labyrinth as a spiritual practice.

*Leader: The Rev. Robin McGauley is a Veriditas Certified Labyrinth Facilitator who trained with Lauren Artress to learn how to lead meaningful labyrinth experiences for those who are open to walking a spiritual path.*

*As a former Program Director at Five Oaks Education and Retreat Centre, Robin has extensive experience leading workshops and retreats. She has also been teaching a course on the labyrinth in the Expressive Arts Certificate program at Haliburton School of Art and Design. Robin currently serves at the General Council Office of the United Church of Canada as Program Coordinator Ministry Vocations. She lives in Kitchener where she enjoys creative time on weekends in her metalsmithing studio. You can view her work at: [www.robinmcgauley.com](http://www.robinmcgauley.com)*



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## **OUR LOCATION**

482 Dundas Street  
London, ON  
N6B 1W6

## **OUR HOURS**

Tuesdays 10 am -2 pm  
Wednesdays 10 am -2 pm  
Thursdays 10 am - 2 pm

## **CONTACT US**

phone: 519-434-6427  
email: [mpr1@bellnet.ca](mailto:mpr1@bellnet.ca)

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### ***Our mailing address is:***

**Middlesex Presbytery Resource Centre  
482 Dundas Street  
London, ON  
N6B 1W6**